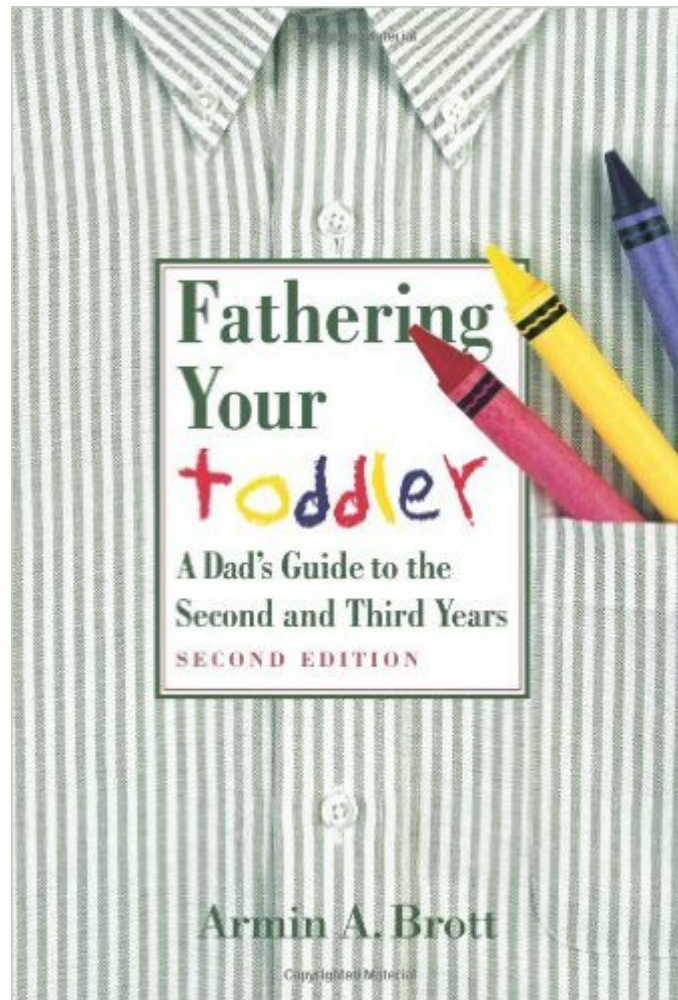


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# Fathering Your Toddler



## Synopsis

A significantly updated, revised, and expanded guide to all aspects of fatherhood during a child's second and third years by the best-selling, critically acclaimed author of *The Expectant Father*. At what age should you introduce your child to computers? When and how should you go about drawing up a will? The day your child starts preschool, how will you cope with the pangs of adult separation anxiety? The answers to these questions and hundreds more are found in the pages of this information-packed volume. Author Armin Brott devotes a chapter to every three months of the second and third years. In each chapter, Brott charts the physical, intellectual, verbal, and emotional changes the child is going through and examines the emotional and psychological developments the father may be experiencing. He discusses issues that may develop between fathers and their partners as well as matters that involve the whole family. In addition, each chapter contains a section called "You and Your Child," in which activities and issues appropriate to the given age are discussed. New topics in this revised and expanded edition cover the latest research on child development, including brain growth. There is more advice for dads who are older, single, or in the military; fathers of preemies and multiples; stepfathers; and stay-at-home dads. This new edition adds information on a wide range of subjects, from helping a child grieve over the loss of a relative or a pet to health and safety issues to care of special-needs children. Incorporating the author's and other fathers' personal experiences, as well as the advice of top researchers in the field, and illustrated throughout with delightful New Yorker-style cartoons underscoring the universality of the joys and woes of parenting, *Fathering Your Toddler* is an essential sourcebook for every dad. It's certain to give every mom helpful insights as well.

## Book Information

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## Customer Reviews

Since the birth of my nineteen-month-old daughter, I've been reading a lot of books about babies and parenting. By accident, I found this one. Simply put, this is a terrific book. It's a welcome antidote to all those that assume only the mom will be the hands-on parent. It's also full of sound advice and delivers its message in the perfect parenting tone -- patient, amused, astonished -- with a keen understanding of the bewilderment and frustration we all go through. My hat is off to the author for his fine work. I actually gave the book to my husband for father's day, but have been snatching it from him to read myself. We have several friends who are about to have new babies -- I'm planning to give them copies of the author's book covering the first year as shower gifts. For nineteen months I've been reading about parenthood and pointing out this and that passage in some parenting book to my husband. In every case, the book spoke about the mother's role, but the father was at best a shadowy figure who might help out once in a while. Given that my husband and I have had the pleasure of fully co-parenting, we were delighted to find a book focused on being a hands-on dad. Again, bravo to the author for a fine success.

Great boook. Continuing wisdom from the guy who's really made it possible for me and so many dads I know to be as involved with our kids as we want to be. I've followed this whole series from The Expectant Father, A Dad's Guide to the First Year, and now this one. It gave me a ton of information--not only on what my child was going through, but also on what I was going through. It really helped reassure me that what I was feeling was normal. No question that this book has made me a better dad. Just ask my son.

I bought this book after reading his book on the First Year. Organized in the same manner as the first, except divided into three month periods instead of one month, I found it again informative and funny. The information about temperaments was especially useful. We found books that became some of my daughter's favorites in the lists that he provides. Also, we are following Mr. Brott's advice about allowances and find that we are all learning. Now that my wife is pregnant again, I'm reading the Expectant Father and I expect I'll be re-reading the First Year and the Toddler Years books.

I've read all of Armin Brott's books since my wife was pregnant with our first child. Brott brings a common sense approach and a welcomed sense of humor to men interested in being involved fathers. In many cases, his anecdotal stories gave me the ability to relate to someone who has also raised little girls since I normally wouldn't have these discussions with the guys at work. While some of the book doesn't really teach you anything different than what you're already experiencing as a father, it does help calm some fears and perhaps allows you to think of things you may not have thought of before. I highly recommend this book, as well as those before it.

Maybe it was here I read it: once married, you think you'll never fall in love again. All the more a surprise then that once you have a baby, you keep falling in love with her. More and more every week. Sometimes every day. On vacation, it's hourly, as I see changes in her by the minute, learning skills like how to slip a star-ring over and onto its little spindle. Huge! So I liked this book, partly because it helped me appreciate every detail of Catherine's development, starting each month with what's gone with the baby physically, intellectually, verbally, emotionally/socially. Then what's you're going through, including how to help your partner. But the best part was this table of benefits and costs of "involved fathering;" I was blown away by how it articulated the satisfaction of watching her grow, pride that you've achieved something meaningful, love received, personal self-discipline and role modeling, perceptual shift/expanded self through increased interest in family, a legacy, lifelong learning just to keep up with kids, life purpose and direction and shared focus in marriage (pp. 204-205). While it wasn't lyrical like Lamott's great book *Operating Instructions*, I liked its action ideas, like pointing and naming everything in sight, and ways to talk. Like using "no" and "don't" minimally, and instead specifying "It's not safe to try to put things in outlets"--I even use a lower voice so that she doesn't get drama out of "no." I'm only sad bottle feedings have ended, so I've lost that time reading. I'd grade it a B+.

My dad gave me this book before my son as 6 months old so I put it away. He's now 20 months and I've found it again. I'm so glad! I feel like I can contribute more to the discussions my wife and I have about our son. I think she enjoys not being the only one that has a clue about what's going on with him developmentally. More than that, it's great to read about parenting from another dad. Most books like this don't deal with things like wills and college planning. Brott does AND makes it interesting. I've read a lot of parenting books but it's great to compliment those with the breadth of Brott's overview and insights.

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